

# Rutland Proactive Care Dementia Pilot & The Healthwatch Rutland Report – What are the gaps?

Health & Wellbeing Board Update – Jan24



RUTLAND INTEGRATED SOCIAL  
EMPOWERMENT SERVICE



NHS Leicester, Leicestershire and Rutland is the operating name of  
Leicester, Leicestershire and Rutland Integrated Care Board

A proud partner in the:



Leicester, Leicestershire  
and Rutland  
Health and Wellbeing Partnership

# Background & Context (1)

## Proactive Care Programme

- National initiative that went live in 2022.
- Largely de-prioritised in November 22 due to pressures on Primary Care.
- Leicester, Leicestershire & Rutland continued to work on the programme. Taking a place-based perspective to embedding the approach.

Classification: Official

### **DRAFT** Anticipatory Care: Framework

Note: this version of the Framework is DRAFT and for information sharing only. A final version of the Framework will be released in year and ASAP; this DRAFT version will be removed from FutureNHS once this happens.

August 2022

# Background & Context (2)

healthwatch  
Rutland

Living with dementia in  
Rutland

March 2023



## Healthwatch Rutland Dementia Report

- In January 2023 Healthwatch Rutland joined with Healthwatch Leicester and Healthwatch Leicestershire in a research project to inform the developing Dementia Strategy.
- This report was published in March 2023 identifying 7 key findings and 11 recommendations specific to Rutland

# Healthwatch Rutland – Living with Dementia Report



Delays in seeking diagnosis can be attributed to:

- Lack of awareness of the early signs of dementia.
- Uncertainty about when the natural forgetfulness of old age ends, and dementia begins.
- Not knowing where to get help
- Stigma and/or fear of a dementia diagnosis
- Misdiagnosis and flaws in cognition tests



Diagnostic pathways have long delays since COVID-19 restrictions and appear to differ for individuals for no obvious reasons.

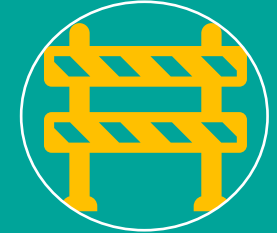
Information is not always given before, during and after diagnosis.

The ongoing healthcare needs of dementia patients are not always met in primary care, hospital and community care. Fears were expressed for those with no one to advocate for them



Rutland unpaid carers feel they are less well supported than their Leicester and Leicestershire counterparts.

Carers talked about having support withdrawn when the people they care for are admitted to care homes. They can experience feelings of guilt and worries about the standards of care.



Barriers for carers in accessing support include:

- Digital exclusion and lack of transport
- People living with dementia unwilling to leave home.
- Inability to attend support groups because there is no one else to care for the person with dementia.
- Unaffordability and lack of available services.
- Lack of awareness of what services are available.
- Falling outside the system while awaiting a diagnosis.
- Lack of public awareness of dementia

Few comments from people living with dementia – raising the question of whether they are being given sufficient opportunities (or want) to express their needs and opinions.

# Rutland Proactive Care Dementia Pilot

## Rutland Memorial Hospital Clinics

- Patients will be invited to MDT Clinic, where they can access a range of health specialisms and wider services. Carers will be invited to a follow-up event, tailored to needs of carers. Team members in the clinics include:
  - Rutland PCN Care Coordinator
  - Admiral Nurses
  - RISE representatives
- With the return of the Memory Clinic to Rutland Memorial Hospital, clinics for identified patients will be held alongside the Rutland focused Thursday sessions.
- Working collaboratively with LPT and the Memory Clinic to include information regarding the services available on the day. Other communications in development include:
  - Leaflet/s that include descriptions of services and contact information so patients can contact the necessary members after the session.
- Clinics began in July.

# Recommendations – What has the Pilot achieved?



Reinstate the Memory Clinic



The wrap-around sessions have an Admiral Nurse, PCN Dementia Care Coordinator and the Senior Faciliator for Neighbourhood working. Ensuring a multi-specialist approach.



LLR Dementia Strategy Consultation (closed Sep23) – 61 Responses from Rutland.



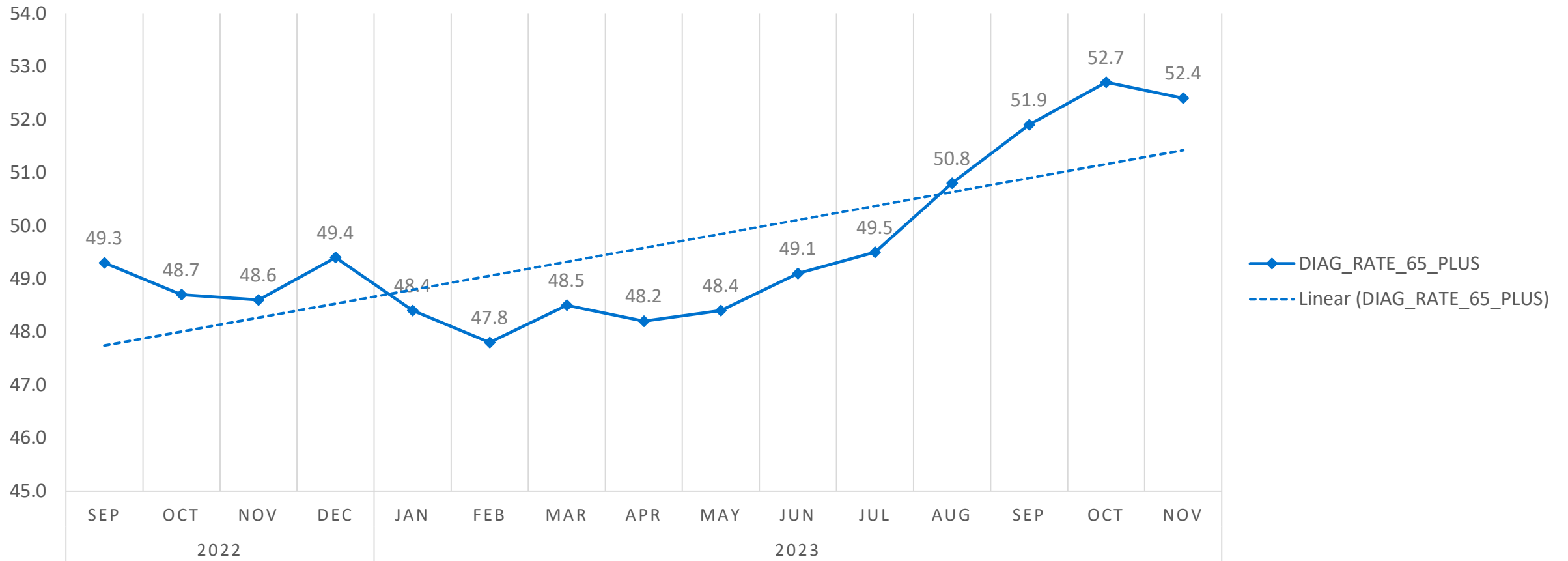
Dementia Awareness - The first in Barrowden village and the 2<sup>nd</sup> in Greetham.



Providing up to date information, including hard copies, on dementia care and support services that are available in Rutland.

# What has the Pilot Achieved (cont.)

## DIAG\_RATE\_65\_PLUS



# What has the Pilot Achieved (cont.)



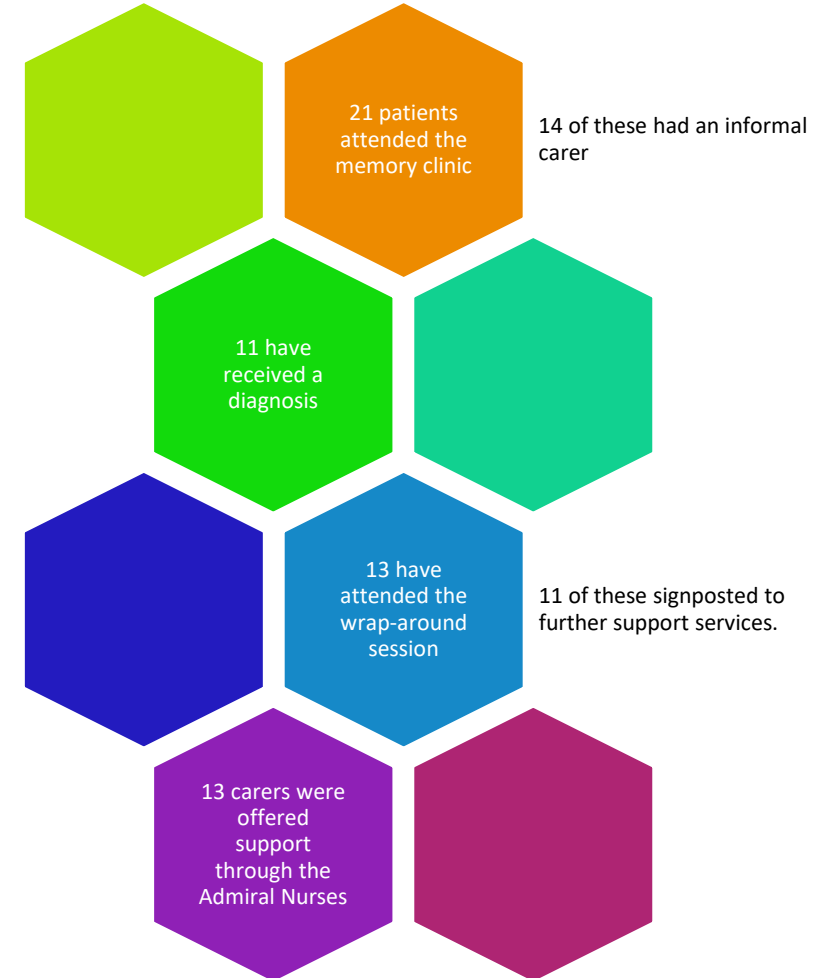
Average age of 79.8 years



52.2% were Male



100% were British/White British





# Recommendations – What is in progress?

1

Standardise dementia diagnostic pathways, making them locally accessible – Work is underway to ensure that all patients have a CT scan prior to their appointment with the Memory Clinic to avoid delays.

2

Provide information before, during and after diagnosis. Ensuring that up-to-date digital and hard copy information about care and support services are available.

3

More focus on proactive identification of residents with dementia, including young onset – GPs being able to task the PCN Dementia Care Coordinator with follow-ups to patients with memory issues will support diagnosis rates.

# Recommendations – What remains to be done?

- 1 Most feedback was received from carers. How do we hear the voices and self-identified needs of those living with dementia?
- 2 Improve the availability of group support by making sessions affordable and sensitive to rural transport difficulties for both carers and those living with dementia.
- 3 Co-locating and co-timing groups so that carers and the person living with dementia can be in the same place, at the same time.
- 4 Social service providers and associated agencies need to consider that the wider family may need support and continue to offer support to carers after a person has been admitted to a care home.
- 5 Holistic care for dementia patients – coordinated appointments with physical health to avoid the need for multiple outings and the distress associated with these.



# Next Steps

1. This month the Admiral Nurses team are exploring engagement opportunities with the Comms & Engagement workstream leads (1)
2. Exploring how this project, as BAU, can support the dementia strategy delivery plan.
3. Mapping the current offer of services for Dementia patients and their families/carers in Rutland (2,3,5).
4. Linking in with the review of Carer's support services happening in this month (4).
5. Work with the Dementia Care Coordinator within Rutland PCN to improve coordinated and holistic care for Dementia patients (5)



# So what? – The ask of the HWB

1. Note progress to date and the projects achievements.
2. Support for a BCF funded Social Prescriber to sit within the RISE team.

# Contacts

Name	Role	Organisation	Email Address
Lisa Hamilton	Senior Faciliator, Neighbourhood Working	Rutland County Council	<a href="mailto:lhamilton@rutland.gov.uk">lhamilton@rutland.gov.uk</a>
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# Appendices



## Do you experience dementia or support someone who does?

Give your views on our draft dementia strategy by 22 September 2023. Scan this QR code or visit [consultations.leicester.gov.uk](https://consultations.leicester.gov.uk)




[dementia-strategy@leicester.gov.uk](mailto:dementia-strategy@leicester.gov.uk)  
0116 454 2374

## Join us for our Dementia Awareness Event

Do you, or anyone you know have any concerns regarding memory or cognition issues or are you caring for someone living with dementia?

Come and join us for tea, coffee, cake and an opportunity to see what support is available in Rutland.

*Information will be available from:*



- Active Rutland
- Admiral Nurses
- Age UK
- Citizens Advice Rutland
- Leicestershire Fire & Rescue Service
- Longhurst Group
- RISE
- Rutland Health PCN
- Voluntary Action Rutland

Logos around the circle include: Rutland Citizens Advice, Longhurst Group, RISE (Rutland Integrated Social Empowerment Service), Dementia UK, Rutland Health PCN, Rutland Health Primary Care Network, Active Rutland, Voluntary Action Rutland, and Leicestershire Fire & Rescue Service.

Tuesday 19<sup>th</sup> September 10am – 1pm  
Barrowden Village Hall  
24 Wakerley Rd, Barrowden, Rutland LE15 8EP